

Depression and Suicide Prevention Workshop

**Diminish this growing problem
among adolescents.**

**Learn to provide resources
within your organization for
those at risk for suicide.**



**June 12, 2015
Noon- 4 p.m.
Engbretson Hall, B1200
Governors State University**

According to the National Institute of Mental Health, clinical depression affects 15 million Americans every year, and approximately 25 percent of U.S. high school students seriously consider suicide each year. This is a unique opportunity for local mental health providers to increase their awareness of this growing epidemic and to discuss its prevalence in our community.

Participants will learn the signs, symptoms and risk factors for major depression and suicide as well as gain a framework for understanding the cultural elements that influence these factors. Specific cases with diverse clients involving assessment and treatment issues with depression will be presented.

**Presenters: Darlene Wright, Ph.D. licensed clinical psychologist and tenured professor at GSU.
Crystal Harris Blount, Ph.D., lecturer in the GSU Division of Psychology and Counseling**

Registration Information:

\$30 for non GSU attendees/professionals. Use for registration: CE-MH06-01

Free for GSU Faculty, Staff and Students. Use for registration: CE-MH06-02

Professional Development Credit Hours: 4.0 CDPUs, 4.0 CEUs

(Social Work, Counseling, Mental Health, Education and Occupational Therapy)

Visit www.govst.edu/oce/depression or 708.534.4099 for purchase orders and more information.

Sponsored by The School of Extended Learning in cooperation with
College of Education and College of Health and Human Services.



1 University Parkway, University Park, IL 60484